THE COURT REPORTER

Newsletter of the Walnut Creek Racquet Club
December 2009



3.0 Senior Women's Captain Mary Waltz shows her stuff at Nationals in Tucson!

Walnut Creek Racquet Club

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The President's Report



Tammie Snyder 2009 WCRC President Congratulations to Mary Waltz's 3.0 Senior Women team who went all the way this season ending the ride in Tucson Arizona at NATIONALS! What a huge accomplishment!!!! See the write up on page 5.

Heading to District's in Fresno this month is Brian Costello's 6.5 Combo Men's Team and Sterling Fairholm's 7.5 Combo Men's Team. Good luck teams and bring home the gold for

WCRC! Stay tuned for the results...

The Fall Mixed is scheduled for January 8th-10th. You must play four matches to qualify to play in the tournament. If you haven't played four matches yet, try to get gualified ASAP.

As many of you already know the end of year ratings got published December 1st for USTA. Many players have felt the sting of moving up a level. Do not worry you are not alone. Of the 300,000+ league players nationally, more than 90,000 saw movement in their NTRP rating.

Our very popular Winter Doubles League is gearing up with the season January 4th - May 9th. The new end of year ratings will be used to determine your level for this league. Find a partner and sign up today. You can sign up on line at http://www.wcrc.net/ events/DoublesSignUp.asp or by mail by filling out the registration form found on page 4. If you have any questions, please contact league commissioner Lynne Weinshelbaum at Iweinshelbaum@y ahoo.com.

Congratulations to Stephanie Law who knew the answer to the Diablo Ballet ticket give away. The correct answer to the question "What are the first and middle names of Rodger Federer's twin daughters?" Stephanie emailed the correct answer: Charlene Riva and Myla Rose. Hope you had a nice time at the event.

The WCRC board is looking for new members! If you are interested in joining the board please contact any board member for details!! It's a fun way to get involved, enhance tennis at Walnut Creek Racquet Club and get a free meal once a month as well as FREE entry to all WCRC Leagues (Summer Singles, Fall Mixed and Winter Doubles)!

Check out page 6 Sports Basement is offering a 20% discount to all WCRC members on Tuesday, December 8th. Bring out your holiday list and save some money!

There are two weeks left to submit your new logo design for the WCRC. Please submit all entries to me at tammie@gte.net by December 13th.

See you on the courts!

Tame

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New Member Information Removed for Privacy

WCRC Men's & Women's 2010 Winter Doubles League Registration Form (Also on-line at www.wcrc.net)

	PLAYER 1	PLAYER 2
Name		
Mailing Address		
City		
ZIP Code		
Home Phone		
Work or Cell Phone		
E-mail address		
NTRP level		
WCRC Member?	TYES INO	🗆 YES 🗔 NO
Division	for which you are registering (ple	ease check one): NTRP (check one)
	 Men's 3.0 Men's 3.5 Men's 4.0 Men's 4.5 	 Women's 2.5 Women's 3.0 Women's 3.5 Women's 4.0
	Men's 5.0/5.5	Women's 4.5/5.0

Registration Fees (note - if you are interested in joining the Racquet Club, please download a membership form from http://www.wcrc.net/about/membership.htm and return it with this application):

- * \$40 per team (both Walnut Creek Racquet Club Members) \$30 per team for on-line registration
- * \$50 per team (one WCRC Member, one non-member) \$40 per team for on-line registration
- * \$60 per team (both non WCRC members) \$50 per team for on-line registration

On-Line Registration will remain open until <u>January 2nd, 2010</u>. If you would like to register by mail, return this form by <u>December 26th, 2009</u> with a check for registration fees (payable to WCRC) to: WCRC, 2809 Ptarmigan Drive #5, Walnut Creek, CA 94595.

Questions? Call Lynne Weinshelbaum at 925-285-9503 or via e-mail lweinshelbaum@yahoo.com

League Information: Players may enter the WCRC Winter Doubles League in more than one division (i.e., 3.0 and 3.5), as long as he/she is not playing below his/her level. If a player is entering in more than one division, he/she may enter with the same partner or a different partner but may not enter with different partners at the same level.

Once League play is complete and registration for the end-of-League Tournament begins, a player may enter the Tournament at more than one level. However, if scheduling problems arise the Tournament Director will require the player with a conflict to forfeit the division of his/her choice. No exceptions will be made for match rescheduling if this situation arises.

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Nationals – Walnut Creek Style...

The WCRC Senior 3.0 Ladies are back from Tucson, AZ, and the Senior Nationals. We are proud to announce that we placed 4th in the Nation. We all had such a fantastic time in Tucson. USTA did a great job of hosting this event with a great dinner and dance on Thursday night, followed by serious tennis Friday. We played Alabama and Texas Friday winning all matches then Florida and Oregon on Saturday, winning both matches again. We came in 1st in our flight, which took us straight to the semi's on Sunday. Our first match at 7:30am, took us up against 'the brick wall' ladies from Massachusetts, who ended up taking the Championships. We lost that match 2-1. Then we played, Maine.....losing that match, 1-2 for the 4th place seeding. Bringing home the 4th place trophy is a wonderful feeling and everyone on our team that helped us get there should feel proud. We truly had a wonderful experience just being at Nationals and it was an honor to represent the WCRC Sr. 3.0 Team from Walnut Creek, CA.



Left to right: Lisa Bowers, Jan Perez, Leslie Finerie, Jane Balg, Linda Louie, Sam Vanecek, Team Captain Mary Waltz, and Sherry Niu.

A note from Team Captain Mary Waltz....

Greetings all.....home from Tucson at 1:30 this morning....feeling very fulfilled bringing home the banner for Northern California, being among the four best Senior Womens 3.0 teams in the nation. Any team that can get to Nationals in the Senior Division, should feel honored and special, even before the competition. I think that players new to National competition do not really understand this. They gear up to expect a win at #1, and anything less is considered a loss. Well, whoa!!!! Those 5,000 out of the 700,000 USTA players who are eligible to play at the National competitions must understand that, even though winning the #1 trophy would be a huge dream victory...... all four teams that make the banner/trophy level for #1,2,3, or 4.....are the ultimate champions overall for the USA. Preparing and traveling to Nationals with the single focus of taking the #1 trophy is faulty and non-productive.

We go to Nationals to play our best games, and so, I am very content and floating around happy to have had my team make it to the finals under big time pressure, (especialy for those players who have never experienced a national competition)....of course, it is really hard for new to nationals players to understand the importance of focusing on team goals instead of their own personal ambitions to move forward to the next level. As a Senior Women's 3.0 team, having had a spectacular journey, we have validated our strength in the 3.0 rating arena......There are always captain related issues emerging in further competitions, especially with having a small team, only 8 players, two being backup players, (WHO PLAYED FANTASTIC MATCHES)personality issues, always a captain's job to work with.....new players to this type of competition who have yet to learn and understand what "team commitment" really means, players with health issues etc etc. I would like everyone even vaguely interested or involved in this journey, to know that I give big time credit to the entire WCRC Senior Womens' 3.0 team players who supported this team during the season, faithfully practicing and playing assigned matches, andmeaning.... that, you share in this achievement even though you weren't there competeing in Tucson.

So now, I have completed this journey as Captain, supported my team members 100%, loved them all, and wish them the best success in their future personal and tennis lives. Yippee for the WCRC Women's Senior 3.0 team......2008-2009. national champions. Great players......great ladies.......great wins!!!!



Doubles team: Jan Perez and Sam Vanachek

From the Pro....

Questions and Answers

Sports

QUESTION: When I first started playing, I always had a fear of playing the net. Now that I'm more experienced, I have been trying to play more of a serve-and-volley game. My question is: How do I anticipate the ball more and stop running through it?

ANSWER: To prevent serve-and-volleyers from running through their shots, I use my green light/red light drill. I start the serve-and-volleyer at the opposite baseline. I feed from my baseline. After the player hits the groundstroke, I say, "Green light!" This means the

player is allowed to close in. When I'm about to hit the ball back, I say, "Red light!" This means the player needs to stop (split step preferred). After I hit my groundstroke, I say, "Green light." This drill emphasizes closing the net while making adjustments along the way.

A player should pause as his opponent strikes the ball. This eliminates the possibility of being wrong footed, jammed or lobbed by "rushing" the net. I tell my players that closing the net is similar to the way you parallel park. You drive to a position, tap the brake, then turn the wheel, tap the accelerator, reposition and then finish in the ideal position. Often inexperienced players want that "non-stop" flight to the net. They'll find out soon enough that they should have flown "coach."

Leonard Young is a long time WCRC member and a private teaching pro. He is currently the tennis specialist at Sports Chalet in Concord.

If you have a question you would like to submit, please send to Leonard Young at virtualpro@webtv.net.

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w.sportsbasement.com

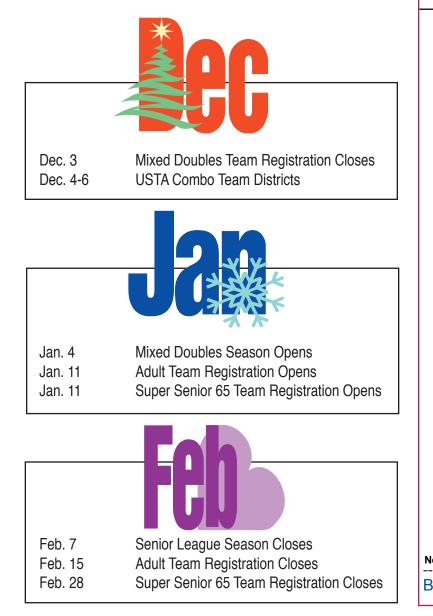


Sports Basement • 1881 Ygnacio Valley Rd. • Walnut Creek | 2009 Voted Walnut Creek Chamber of Commerce Business of the Year



20%

CALENDER OF EVENTS





TREASURER'S REPORT **Hilde Chan**



as of October 31, 2009

Walnut Creek Racquet Club **Profit & Loss** January through October 2009

	Jan - Oct 09
Income	
2009 Winter Party	45.00
Advertising Income	540.00
Board Dinner	182.00
Calcutta Tournament	3,020.48
Interest Income	103.17
Membership Dues	14,720.00
Midsummer Tournament 2009	375.00
Mixed Dbls. League 2009/2010	4,405.00
Summer Singles League	6,514.00
Winter Doubles 09	8,290.00
Total Income	38,194.65
Expense	
Accounting/Tax Preparation	145.00
Awards Dinner 2009	25.00
Bank Service Charge	18.87
Board Dinner Expenses	906.92
Board Meeting Expense	407.85
Calcutta Tournament Expense	4,576.40
Court Repairs & Equipment	3,721.92
Donations	1,000.00
Member Directory	2,845.42
Midsummer Night T. 2009 Exp.	379.52
Mixed Doubles League '08/'09	2,399.91
Newsletters-Court Reporter	987.84
Non-Profit Fees	35.00
Paypal Fees	1,076.87
Postage	189.46
Summer Singles League Expenses	3,026.39
Supplies	385.34
Website	2,118.44
Winter Doubles '09	5,172.43
Total Expense	29,418.58
let Income	8,776.07
Balance October 31, 2009	\$36,433.96

Email Tammie Snyder at tammie@gte.net to place articles, photos or advertising in the **December issue of the Court Reporter!**

Deadline for the December issue

is Monday, November 23rd.

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Mar. 5-7

Mar. 15



WCRC P.O. Box 4574 Walnut Creek, CA 94596 www.wcrc.net PRESORTED STANDARD U.S. POSTAGE **PAID** Walnut Creek, CA Permit No. 432

Mixed Doubles League - Standings

6.0		
Kelly Williams/Luis Chavez	5	1
7.0		
Saraya Motley/John Boral	6	0
Diana Huynh/Jay Pineda	6	0
8.0		
Karin Deas/Jonathan Lien	6	0
9.0		
Alison Vidal/Carlos Manuel	6	3