

# THE COURT REPORTER

Newsletter of the Walnut Creek Racquet Club

November, 2019



First Annual Inch by Inch  
Stroke Recovery Tournament  
see pages 5 - 15



## Walnut Creek Racquet Club

P.O. Box 4574 • Walnut Creek, CA 94596  
(925) 945-0105 • www.wcrc.net

### OFFICERS

<b>President</b>	<b>Glenn McBee</b> - 984-6710 glennmcbee@gmail.com
<b>Vice President</b>	<b>Tammie Snyder</b> - 957-0604 tammie4tennis@gmail.com
<b>Secretary</b>	<b>Deanna Fong</b> - 952-9935 deanna_fong@yahoo.com
<b>Treasurer</b>	<b>Cara Mia Barnacascel</b> - 413-2871 sakuraiiko@gmail.com

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<b>Photographer</b>	
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<b>Website</b>	<b>J. Patrick Forden</b> - 415-205-3515 forden@percepticon.com
<b>Newsletter Reporter</b>	<b>Lynne Weinshelbaum</b> - 285-9503 lweinshelbaum@yahoo.com
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<b>USTA Leagues</b>	<b>Sterling Fairholm</b> - 595-3576 sterling@fairholminsurance.com
<b>Membership</b>	<b>Pam Maloney</b> - 787-3970 pam4tenis@gmail.com
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<b>Mixed Doubles Leagues</b>	<b>Nicole Leong</b> - 407-243-8645 nhlphoenix@gmail.com
<b>Doubles League</b>	<b>Garvin Tom</b> - 209-696-5445 gtom12@hotmail.com
<b>Summer Singles</b>	<b>Cameron Coltharp</b> - 510-717-2107 ccoltharp@telecarecorp.com
<b>WCRC Leagues Gift Coordinator</b>	<b>Priyanka Holmes</b> - 609-647-3326 priyanka.holmes@gmail.com
<b>Social Media Coordinator</b>	<b>Garvin Tom</b> - 209-969-5445 gtom12@hotmail.com

## THE PRESIDENT'S REPORT

### November 2019



**Glenn McBee**  
2019 WCRC President

Hello to one and all members of the WCRC! Hope you had a wonderful Halloween, and now it off to the races regards end of year holidays, celebrations and family get togethers. Enjoy the good times, get over the bad ones and make your way onto the courts. Play on!

Did you sign up for Winter Mixed Doubles yet? Find a partner and enjoy this fun season, mixed seems to make most of us enjoy competition and remain civil. Sign up at <http://www.wcrc.net/Leagues/SignUp.aspx>

Northgate courts will remain open from 4pm –sunset on weekdays and 8am – sunset on weekends. No reserving the courts, only bottom 4. Access from street side only. First come, first serve.

Good luck to those teams continuing on in playoffs. GO CREEK!!!!

*I would love to hear about those moments when players exhibited exceptional sportsmanship and/or kindness. Send to me at [glennmcbee@gmail.com](mailto:glennmcbee@gmail.com). I want to start to highlight many of the best times on the courts.*

Do you ever get upset by what appears to be an apparent incorrect call by your opponent? What to do? Well this is the precise time for you to uphold the rules of good sportsmanship. First thing to remember is that it is their call to make, no matter what you think you saw. It is OK to ask opponent(s) if they are sure, but only once. A discussion isn't going to change anything, remember it's their call. Don't let it affect your game, let it go and play on. If you can't do that, call for a line judge and then play on. No one is making \$ out there. We do this for fun, so have fun!

Be kind, have fun and we will see you on the courts!

Glenn



# **N**EW MEMBERS **Welcome to Our 10 New Members** Current Membership: **1216**

Yezdi Karai	Walnut Creek	3.5
Betsy Kemp	Walnut Creek	3.5
Tom Kincaid	Napa	4.5
Jennifer Leung	Oakland	4.5
Joseph Martines	Walnut Creek	n/a
Jeffrey Nibler	Walnut Creek	4.5
Lauren Pokorney	Walnut Creek	3.5
Betty Pytlewski	Walnut Creek	3.5
Alan Roll	Walnut Creek	3.0
Jeffrey Wong	Walnut Creek	5.0



Membership questions contact:  
**Pam Maloney** at 925-787-3970 or  
email at: [pam4tenis@gmail.com](mailto:pam4tenis@gmail.com)



## **Lifetime Activities** **What's Happening at the Courts?**

**Please note that the Walnut Creek Center will be closed on Thanksgiving, Thursday, November 28<sup>th</sup>. Normal operating hours resume Friday, November 29<sup>th</sup>.**

### **Autumn Safety Reminder!**

As we move into Fall, Lifetime Activities would like to remind our patrons to exercise caution on courts with continuous leaf debris to avoid slip and falls or any other safety hazards. Leaves and pine needles tend to fall constantly throughout the day. We blow courts first thing in the morning and mid-day, but please inform our staff if your court needs attention.

**Fall Classes & Camps** Fall class and camp registration is ongoing. We are also offering Holiday Camps for Youth and Adult learners. You can register and preview offerings online on our website: [www.lifetimeactivities.com](http://www.lifetimeactivities.com) or stop by the office. **We are also offering special clinics for USTA teams and doubles partners, please contact [joen@lifetimeactivities.com](mailto:joen@lifetimeactivities.com) if you are interested.**

**Monthly Pass Holder's Special:** Court Usage Pass Holders are entitled to free HOT DRINKS for the month of November. Hot Coffee, Tea, and Cider are available at the pro-shop. The free item has no cash value and may not be exchanged for cash or credit.

**Want to Play with the Pro?:** Our USPTA Certified Pros Joe Noth and Duncan Leiggi will be hosting Round Robin Clinics every **Tuesday (9-11AM)** and **Friday (8-10PM)**. Space is limited, so be sure to sign up in advance to hold your spot. (\$8.00 Pass Holders, \$16.00 Non-Pass Holders) See you on the courts!

**Visit us online at [lifetimeactivities.com](http://lifetimeactivities.com) or stop by the office at 1751 Heather Drive**  
**Please call with any questions at 925-945-0105.**



# Tennis News



## 55+ 8.0 Men's Team Enjoy Their Sectionals Run

*by Ernice Schulze*

Dan Slaven and Ernie Schulze's 55 and over men's 8.0 team had another awesome season. The campaign was capped off with the honor of joining the other WCRC team in representing the Club and the entire Diablo North Area at the 2019 Northern California Sectional Championships.

Our team is characterized by strong fellowship and superb leadership by Dan. Teammates at every practice and match are boisterously supportive of each other. When you see us on the court you'll hear us laughing and having a good time. We are serious about our game but, we also have a lot of fun.

The team faced tough opposition during the season and at Sectionals in Sacramento. At Johnson Ranch we played two matches on Friday and the third match on Saturday. We lost our first match against Mervyn Morris Friday morning one line to two. Our second match, we played against San Carlos and won. Everyone was so excited! Our teammate and statistician Karl Brown calculated our chances and discerned we could still make the semifinals! We had to win our third match the following day and hope for a favorable result from the other remaining match in the flight. We played against Broadstone, a team made of players from around the Sacramento area. The match was tough and unfortunately, we lost. Broadstone was the eventual winner of the Sectionals tournament and is going to the 2019 National Championships.

Big thanks to all our teammates who contributed to another winning season and to Dan Slaven for leading the way.





What an excellent event we had on Saturday, October 5th celebrating Ian McLaughlin and his Inch by Inch stroke recovery! There are so many people that helped make this tournament possible. I hope I do not forget anyone. First and foremost I'd like to thank Ian who made a heartfelt speech and spread the word on how FAST you can help someone having a stroke. He had some excellent information to share as well as his personal experiences. In the face of challenge Ian has continued to have a great sense of humor and is blessed to be surrounded by those who love and support him and his family.

Secondly, I'd like to thank the sponsors of this event. Isabella, Joe, Duncan and the entire Lifetime Activities Staff who donated their time, pickleball knowledge and courts for new players to enjoy the fast rising sport of pickleball! Additional thanks to Rachel Galaraga from Forma Gym who along with Rise Paralysis Recovery Center donated \$400 to help cover the costs of fun this event. I'd also like to thank the Walnut Creek Racquet Club who donated time, supplies and had the vision that we made into a reality for this special tournament! Lastly, all the volunteers who stepped up and made this happen: Cara Mia Barnacascel, Glenn McBee, Priyanka Holmes, Sally Krapf, Elliot Feinberg, Garvin Tom, Lauren Kim, Justin Snyder, Matt Hedges, Dan Slaven, Mike Sherman, Bob Satcher, Robin Elawady, Rob Holmes, Kevin Kyono, Anotnio Dalupan, Steve Lehmer, Starr and Charlie McLaughlin as well as the donators and players! Speaking of donations. If anyone wanted to send a donation they can send it directly to Ian McLaughlin at 2161 Walnut Boulevard, Walnut Creek, CA 94597

#### **Division I - Had the following teams:**

Red - Tanya Rhodes, Sally Krapf, Justin Snyder, Matt Hedges  
 Blue - Christina Tapp, Kelly Copland, Glen McBee/Bobby Satcher, Matt Starke  
 Yellow - Pam Owens, Lena Larinova, Think Vo, Jamie Guzzaldo  
 White - Cherie Charbonneau, Isha Jain, Melvin San Pedro, Rajat Jain

Team White dominated their division winning 63 total points,  
 In second place was team Red with 47, team Blue with 42 and Team Yellow with 40 points.

#### **Division II - Had the following teams:**

Green - Lindsay Kim, Maria Chiang, James Kim, Wayne Badorf  
 Purple - Soyoung Kim, Caren Doyle, Mike yurkus, Rob Holmes  
 Orange - Karthi Gopalan, Cai Sun, Antonio Dalupan, Steve Lehmer  
 Pink - Robin Elawady, Jillian Gee, Garvin Tom, Kevin Kyono

This division was MUCH closer with first and fourth place only have a 10 point spread. In WCRC tournament history we have never had a tie for first place: Teams Orange and Pink tied with 51 points. Second place went to team Green with 49 points followed by Team Purple with 41 points.

With the entry fees, on line donations as well as our donation box we raised \$2,676 to donate to Ian McLaughlin and family! Additional photos can be found here: <https://wrcr.zenfolio.com/p343895503>.

I have also attached all the results and teams for you to enjoy.

Thanks to every single one of you for participating, donating and helping raise money for this amazing cause!



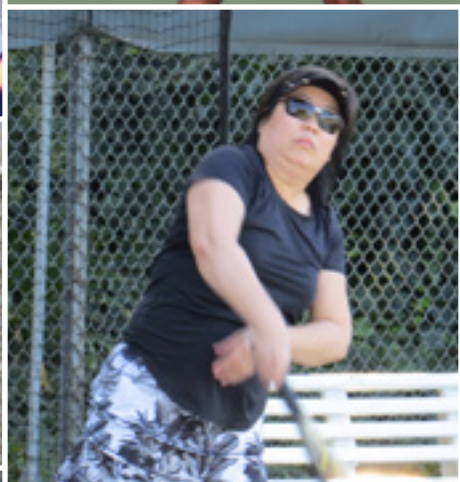








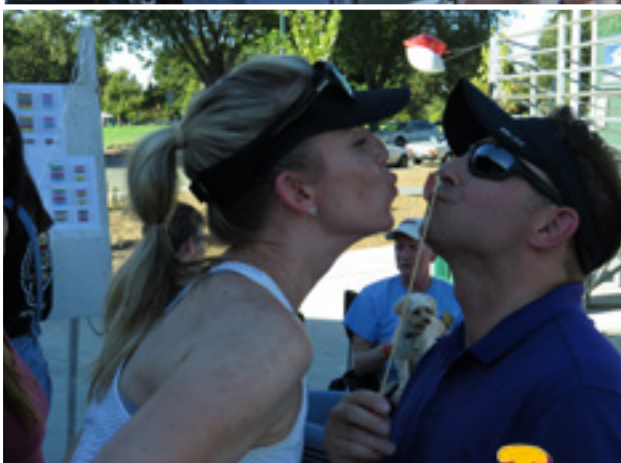




Inch  
by  
Inch











# Pickleball







# Pickleball

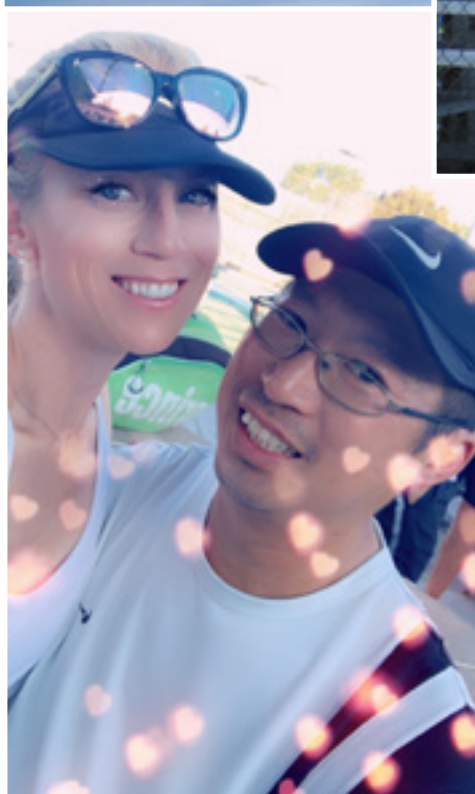












Inch  
by  
Inch





### Division 1 Winners:

Team White

Melvin San Pedro,  
Cherie Charbonneau,  
Isha Jain and Rajat Jain

**Inch  
by  
Inch**



### Division 2 Winners:

Teams Orange and Pink  
Garvin Tom, Steve Lehmer  
Antonio Dalupan, Kevin  
Kyono Cai Sun, Karthi  
Gopalan, Jillian Gee  
*not pictured* - Robin Elawady



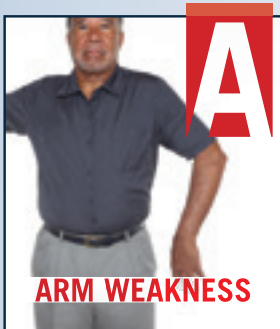
# SPOT A STROKE **F.A.S.T.**

**F.A.S.T.** is an easy way to remember the sudden signs of a stroke.



## **Face Drooping**

Does one side of the face droop or is it numb? Ask the person to smile.



## **Arm Weakness**

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



## **Speech Difficulty**

Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?



## **Time to call 9-1-1**

If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately.

## **Beyond F.A.S.T. – Other Symptoms you should know**

- Sudden numbness or weakness of the leg
- Sudden confusion or trouble understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause



[StrokeAssociation.org/warningsigns](http://StrokeAssociation.org/warningsigns)





*Dr. James Dietrick, DC, CCEP*

“Dr. James is a MASTER at adjusting my knees and shoulder... I could not believe the difference.

I had my full range of motion back.”

– Yelp review

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# Member Spotlight

## Jennifer Scriabine

### Jennifer's Tennis Family

*Interview and article by Pam Maloney.*

*As an effort to get to know our membership the Board has decided to start a new monthly column "Member Spotlight". We will be interviewing WCRC members and getting to know them. This article will help us find out how they got introduced to tennis, their background, any favorite memories, etc. We hope you enjoy this new commentary.*



**I**t's hard to talk about Jennifer Scriabine without including her tennis-playing husband, Nick, and their two daughters. Before the girls came along though, it was Jennifer and Nick meeting while students at Tulane. After a long-distance relationship, they married in 1996, moving to California in 1997.

Before wedding bells rang though, Nick got Jennifer a tennis racquet, some lessons and their tennis-playing family had begun.

In California, Jennifer quickly found herself involved with WCRC, captaining teams and serving on the Board. Her contribution to our Club lasted from 2003 to 2011, she held the President position along with other roles and was the original commissioner of the ladies version of summer singles league.

There was a rumor at the Club that to escape being on the Board, Jennifer took an assignment in Perth, Australia with her employer, Chevron. She denies this, of course. By the time Jennifer and Nick headed to Perth, their two girls were in tow and their tennis family numbered four. Lucky

for them that Perth turned out to have a super tennis community.

As you might expect, they both became involved with their club in Perth, playing Pennants Tennis (like our USTA) social tennis and Jennifer played every Thursday. Some interesting differences in Australian tennis that she had to adapt to: (1) their balls come in cans of 4, but they only play with 2, (2) the nets don't touch the ground and they roll balls under the net rather than tossing them over and (3) what we call "Australian doubles" they call "American singles." Those of you who know Jennifer won't be surprised to learn that her name is on a plaque in their old club, Reabold Club in Perth from when her team won their Pennants division.

When Jennifer and family returned here in 2017 they settled in Greenbrook, in Danville. Unfortunately for WCRC, that means they're in Diablo South but they still play on some WCRC teams. Maybe she was avoiding being drafted back onto our Board!

We're glad you're back Jennifer!

*If you have a member you'd like to know more about,  
please email [tammie4tennis@gmail.com](mailto:tammie4tennis@gmail.com).*



# CALENDER OF EVENTS

# 2019

## Nov

Nov 24 USTA 18-39+ Singles Season Closes

## Dec

Dec 2-8 USTA 18-39+ Playoffs Round 1  
Dec 6 USTA 70+ Daytime Team Season Closes  
Dec 9 -13 USTA 70+ Daytime Playoffs Round 1  
Dec 9-15 USTA 18-39+ Playoffs Round 2  
Dec 15 USTA Combo Season Closes  
Dec 15 USTA 40+ Mixed Season Closes  
Dec 16-20 USTA 70+ Daytime Playoffs Round 2

# 2020

## Jan

Jan 10-12 USTA Combo Playoffs Round 1  
Jan 10-12 USTA 40+ Mixed Playoffs Round 1  
Jan 24-26 USTA Combo Playoffs Round 2  
Jan 24-26 USTA 40+ Mixed Playoffs Round 2

## TREASURER'S REPORT

Cara Mia Barnacascel  
as of September, 2019



### Walnut Creek Racquet Club

#### PROFIT AND LOSS

January - September, 2019

	TOTAL
<b>Income</b>	
Advertising Income	193.71
League Dues	<b>7,933.67</b>
Membership Dues	21,374.83
Tournament Dues	<b>5,293.84</b>
<b>Total Income</b>	<b>\$34,796.05</b>
<b>GROSS PROFIT</b>	<b>\$34,796.05</b>
<b>Expenses</b>	
Board Appreciation Dinner	873.47
Board Meeting	717.43
Captains Meetings	780.00
Contributions	200.00
District Fees	2,700.00
Equipment	96.90
Filling Fees	25.00
Fixed Asset	4.65
Gifts	439.35
League Expenses	<b>7,728.52</b>
Office Supplies	450.32
Postage and Delivery	14.70
President's Gift	104.95
Printing and Reproduction	<b>351.82</b>
Professional Fees	<b>52.51</b>
Sectionals Fees	1,500.00
Supplies	<b>96.60</b>
Tournament Expenses	<b>7,714.21</b>
Website	6,349.55
<b>Total Expenses</b>	<b>\$30,199.98</b>
<b>NET OPERATING INCOME</b>	<b>\$4,596.07</b>
Other Income	<b>\$713.78</b>
<b>NET OTHER INCOME</b>	<b>\$713.78</b>
<b>NET INCOME</b>	<b>\$5,309.85</b>

Balance as of september, 2019 \$46,287.66

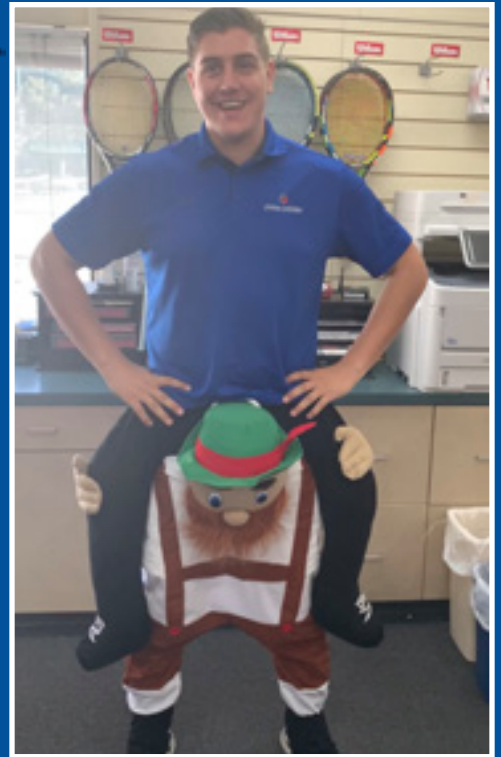


# Halloween Antics



At left Nga Gross and Johanna Huck dressed as nurses

At right Lifetime employee Laith Kadourhe breaks a leprachan's back! Maybe the nurses can help out?



## Mixed Doubles League - Standings

**6.0**

Cathy Papahadjopoulos/Alexis Papahadjopoulos

**W**

**L**

1

0

**7.0**

Julia Petrov/Austin Steele

Johanna Huck/Matt Hedges

Tammie Snyder/Robert Mimaki

1

0

1

0

1

0

**8.0**

Donna Himenez / Sean Healy

3

0

**9.0**

No matches played yet