



THE COURT REPORTER

Newsletter of the Walnut Creek Racquet Club
September, 2022

Nationals Bound



Photo by 1-2-3 Joey Carson



**Tammie Snyder and Sally Krapf's
18+ 3.5 women's team won
sectionals and are heading to
Nationals in Surprise, Arizona
September 30-October 2nd.**

Walnut Creek Racquet Club

P.O. Box 4574 • Walnut Creek, CA 94596
(925) 945-0105 • www.wcrc.net

2022
Board

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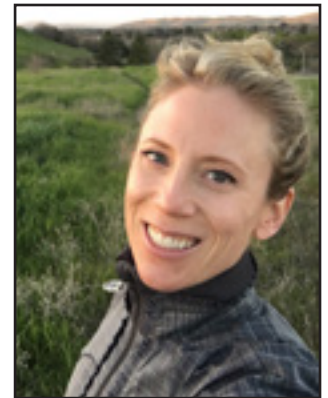
THE PRESIDENT'S REPORT

Happy September!

I know I've said it before but wow this year is flying!

I hope you all had a fabulous summer with lots of fun, friends, family and of course tennis!

I'd like to first say congratulations to the all the teams that played at sectionals last month. It was quite a battle.



Sally Krapf
2022 WCRC President

55+ captains/teams - Alan Roth - 6.0M, Lloyd Hohenstein - 8.0M, Myrl Kan - 8.0W

18+ captains/teams - Jeff Wong - 4.5M, Cara Mia Barnacascel - 2.5W, Cara Mia Barnacascel - 3.0W, Tammie Snyder - 3.5W, Tammie Snyder - 4.0W

Congratulations to my and Tammie Snyder's 18+ 3.5 women's team who are heading to Nationals (yay)!!

If you haven't signed up for the **WCRC Fall Mixed League** you still have time- this is a fun league where you can sign up for 6.0, 7.0, 8.0 or 9.0-or a combination of them as some players do. Of course we will have a fun tournament at the end of the season with food, drinks, and League gifts. As with all WCRC Leagues the finalist and winners get to choose a cool gift. Just a fun League to play more tennis! Sign up at www.wcrc.net

40+ mixed playoffs is in full swing now that the season ended on August 28th.

Congratulations to:

40+ 6.0 mixed - Cara Mia Barnacascel
40+ 7.0 mixed - Glenn McBee
40+ 7.0 mixed - Cara Mia Barnacascel
40+ 8.0 mixed - Tammie Snyder
40+ 8.0 mixed - Lisa Italia

Good luck in your first round of playoffs.

USTA just opened 70+, 55+ mixed and combo!

See you on the courts!

Sally Krapf

M EMBERSHIP

Welcome to Our 25 New Members
Current Membership: 1240

Mai Angsupanich	Orinda	4.5	Alan Lam	Danville	3.5
Stephanie Areen	Danville	4.5	Brian Le	Castro Valley	3.5
Barbara Beckley	Walnut Creek	3.0	Gregory Maroulas	Danville	3.5
Jessica Edson	Moraga	3.0	Chris Picht	Danville	3.0
Tami Finegold	San Ramon	4.0	Karen Picht	Danville	3.5
Rahul Gokhale	Concord	4.0	Jessica Rudd	Orinda	3.0
Michelle Gonzales	Concord	3.0	Sarah Russell	Danville	4.0
John Hadley	Brentwood	4.0	Nayeem Shah	Martinez	3.5
Sandra Harris	Lafayette	3.0	Danielle Theriault	Concord	4.0
Relura Horton	Danville	3.0	Thinh Vo	Lafayette	3.5
Alex James	Walnut Creek	N.A.	Irina Weintraub	Castro Valley	4.0
Pranit Kapadekar	Pleasanton	3.0	Stephen Wright	Danville	4.5
Rob Kinnard	Martinez	3.0			



Membership questions contact:
Pam Maloney at 925-787-3970 or
email at: pam4tenis@gmail.com



Lifetime Activities

What's Happening at the Courts?

OPERATING HOURS AT WCTC

Monday – Friday: 8am-10:00pm • Saturday & Sunday: 8am-8pm

Labor Day Sale

Lifetime Activities is having a Labor Day Sale! Come by any of our Lifetime Activities' sites from September 1st – 7th and receive 20% off of Tennis Racquets, Pickleball Paddles, and Bags. The sale excludes balls, strings/string labor, ball machine, passes, rentals, classes, and snacks/drinks.

Ball Can Limit

Individuals and Groups may now purchase up to 4 cans of tennis balls.



BECOME A SUBSTITUTE COACH!

Lifetime Activities is looking for substitute tennis coaches. If you or someone you know would be interested in a great opportunity to give back, please email us at subsprogram@lifetimeactivities.com

Visit us online at www.lifetimeactivities.com or stop by the the office at 1751 Heather Drive.
Please call with any questions at 925-945-0105.

The Philosophy of Tennis: **Patrick Forden**

Interview and article by Ian McLaughlin

As an effort to get to know our membership the Board has decided to have a monthly column "Member Spotlight". We will be interviewing WCRC members and getting to know them. This article will help us find out how they got introduced to tennis, their background, any favorite memories, etc. We hope you enjoy this commentary.

WCRC member Patrick Forden takes a philosophical approach to the game of tennis and applies many of the principles of a generally healthy and balanced life to his play on the court and to the numerous teams he leads. He spends a lot of time at the club, and feels that on the court he's so focused that everything else just fades away and he is freed from the miscellaneous preoccupations that otherwise clutter our minds and everyday lives. To Patrick the mental aspects of the game are just as important as the physical, and with practices three times a week, he works with his team members on things like their mental approach to the game and a strong commitment to good sportsmanship.

Patrick grew up in Fresno in the heart of the San Joaquin Valley and played recreational tennis as a kid, often hitting with his father (an avid competitor himself) in the agriculture-producing heat. His work as a newspaper and international magazine photojournalist brought Patrick to Reno and then to San Francisco before he moved out to Walnut Creek in 2002 with his wife Wende and their two children Finn and Kajsa, then ages 2 and 8. While he hadn't been playing much tennis as an adult, when he moved to Walnut Creek he came out to Heather Farm to put his kids in youth tennis camps at the club, and joined some



drill classes himself with club pros Joe and Duncan. The drill classes, along with the people he met at the club and a new racket from the pro shop, spurred his desire to play more and in 2014 Patrick joined a 5.5 USTA combo team, followed by a 2.5 18 & Over team that went to Nationals in 2015. At that point Patrick decided to become a team captain himself, and he has now led over 45 USTA teams at Heather Farm. He took his own 3.0 team to Nationals in 2016, and as a non-playing captain, his 3.0 team to Nationals in 2021.

To Patrick, the competition of the game of tennis is a truly unique and exceptional endeavor that we are fortunate to be able to experience as players. He thinks USTA league play especially is unique in that every individual is competing in their own match as part of a unified team goal. For his 3.0 team that went to Nationals in 2016, Patrick

looked back over the regular and postseason results and determined that every single person on the team roster had at least one important victory that contributed to the Nationals run that season.

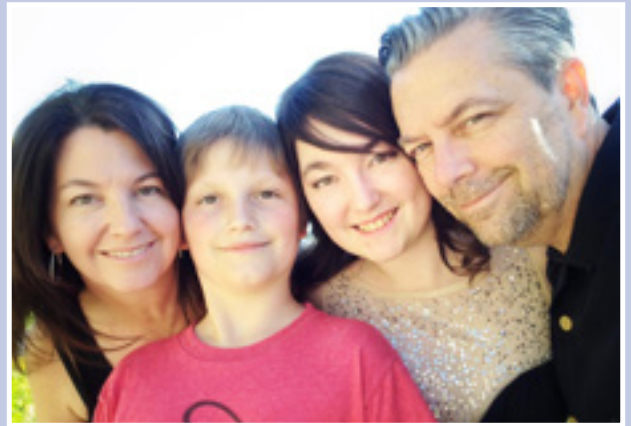
No longer working full-time as a photographer (although he is represented by Polaris Images and you may still find his work on Getty Images) Patrick is now



exceptionally busy as CEO of

Percepticon, a Walnut-Creek based company that provides comprehensive digital application solutions and innovation strategies. Percepticon recently overhauled the WCRC leagues website if you've noticed the changes there.

More than anything, Patrick loves the sense of community at WCRC, where everyone knows and respects one another regardless what level they play at, and we all work together and have fun doing so because we all love being there and participating in a unique and healthy common passion. But he



thinks it would be even better if Heather Farm had double the number of courts.



Looking to work on the philosophical side of your tennis game? Look for Patrick Forden at Heather Farm; he's usually there, he says, "still needing to work on my backhand", like so many of us at every level. ♦



55+ Sectionals

Adult 55+ & Over 8.0 Women

This was quite the Cinderella team! We started the season with three straight losses. Everyone remained calm and confident as they kicked into fourth gear and took the next five matches, had a hiccup, lost the ninth match, persevered and won the tenth match.

The standings were very close throughout the season, ending with a three-way tie and a one-point difference, earning second place for us. Won the first playoff with a resounding 3-0 against Round Hill. No time to rest as the second playoff approached with the goal to defeat St. Mary for first place and advancing to Sectionals. To our delight, we were awarded the coveted Wild Card!

Heading to Sectionals, we prepared to face three highly touted teams - Harbor Point holding an 8-2 record, Sunnyvale A 10-0, and South Reno at 6-4. We had our work cut out. We faced Harbor Point on the first day, taking a 1-2 loss. Second round was Sunnyvale in which we won 2-1. If we could defeat Reno 2-1, we would tie for second; if we took a 3-0 win, we would be in second place for the semi-finals. Alas...it was not to be. But kudos to Walnut Creek. We gave Nationals bound Sunnyvale the only defeat for the entire season while surviving temperatures up to 110 degrees! Very admirable!

Thank you, team, for an amazing season filled with dedication, camaraderie, enthusiasm and so much fun!

Myrl Kan, Captain • Tammie Snyder, Co-captain

Team: Darcy Beauchemin, Heidi belton, Garbo Berger, Nancy DeSchane, Ning Docena, Robin Elawady, Christine Hohenstein, Sharleen Houston, Regina Hughes, Athena Lofquist, Shari Mcaneney, Tammie Snyder, Debbie Soleta, Linda Wang, Margaret Warden



8.0 Women



55+ Sectionals

Heather's 4.0 Men play well at Sectionals!

By Lloyd Hohenstein

The 55+ men's 8.0 team went 11-1 during the regular season beating Diamond Hills and Round Hill in playoffs. The team had 18 players with a mix of 4.0's and 4.5/3.5 players. We always brought out food and drinks at home matches creating a great team atmosphere.

At sectionals on Friday, we beat Seascape 2-1 with two wins in straight sets. On Saturday morning, we ran into a few challenges playing Sunnyvale. One of our players retired after tearing their hamstring. The other two teams ended up playing third set tie breakers with one winning and one losing. On Saturday afternoon, we played Clovis winning one line in straight sets and again playing two third set tie breakers which we lost.

We all had a lot of fun and look forward to next year. The best advice we have for you is: practice 10 point tie breakers. Sectionals and Nationals are loaded with them.



Pictured: Steve Lehmer, Glenn Teixeira, Jay Dunlavy, Tim Baldocchi (co-captain), Ron Wyatt front row; Lloyd Hohenstein (captain), Marty Tedlock and Jeff Gear.

Not pictured: James Greig, Jim Greig, Mike Lee, and Darien Lum

Pictured: Steve Wheeler, Jay Dunlavy, Marty Tedlock, Mike Rogers, Mike Attiyeh, Steve Buchholz, Tim Baldocchi (co-captain). front row: Jeff Bennett, Lloyd Hohenstein (captain), and Jeff Maier



Pictured: Jeff Bennett, Steve Buchholz, Jeff Gear, Jay Dunlavy, Steve Lehmer, Steve Wheeler, Lloyd Hohenstein (captain) and Jeff Maier.

8.0 Men



18+ Sectionals

Deuces Wild 2.5 Women and 3.0 Deuces Wild take on Sectionals

by Cara Mia Barnacascel

The 2.5 and 3.0 Deuces Wild teams had a great run at Sectionals with 2.5 made it to finals and 3.0 to semi-finals which was amazing for how limited our availability was. The 2.5 team was in Sacramento and the 3.0 team was in Fremont but I was able to spend 1 day with the 3.0's and watch them fight hard for their wins. Shout out to my co-captain Kayla Hornbrook for taking such great care of the 3.0's while I was in Sacramento with the 2.5's. A big thank you as well to the 2.5 co-captain Mary Soe for being my sounding board on lineups and support when I needed it. And finally thank you to my team for making the time to play, and those that came out purely to support the team. It really meant a lot to everyone to have a cheering section!

2.5 Women

Pictured: Aileen Burgoyne, Courtney White, Young Lee, Jisun Yoo, captain Cara Mia Barnacascel, co-captain Mary Soe, Lana Rak, Michele Turton, Melissa Bach.

Not Pictured: Gerri Asuncion



18+ Sectionals

3.0 Women

Pictured: co-captain Kayla Hornbrook, Brigitte Shaw, Kiki Lang, captain Cara Mia Barnacascel, Marlene Troncoso, Arwa Kaddoura, Courtney White, Sabrina McQueen, Rebecca Kay, Audra Lutter, Anissa Lee

Not Pictured: Dana Andrew, Elena Aaraj, Melissa Bach, Sabrina Gough, Claire Jackson, Pam Owens, Tila Parker, Lindsay Wilson



18+ Sectionals



4.0 Women



Tammie Snyder and Heidi Belton's 18+ 4.0 Women's team went to Sectionals with their team of 19 amazing players. They came up just short finishing second in their flight.

Athena Lofquist celebrated her 500th USTA match while at sectionals! Fun was had by all players and they look forward to more seasons together!

Team: Yana Bazulina, Darcy Beauchemin, Heidi Belon (co-captain), Robin Elawady, Donna Himenez, Priyanka Holmes, Sharleen Houston, Ellie Kann, Jennie Kessinger, Shin Koo, Lena Larionova, Athena Lofquist, Shay Martin, Janell Mollenhauer, René Monday, Gaby Refunjol, Martha Spanso, Melissa Heng Steele and Jessie Thomas.



18+ Sectionals

A year ago Tammie Snyder and Sally Krapf sat down at the benches at Heather Farm and thought about putting together a strong 3.5 women's team. They wrote down who they thought would be their dream players. Awesome ladies who also kicked ass on the tennis court. They ended up with 16 women. This team finished the regular season 9-1 and dominated both their playoff matches 4-1. At sectionals things got real but 11 girls stepped up and played their hearts out. Samantha Dullea had a 3 hour 15 minute singles match that she pulled out 7-6, 7-6 (after being down 1-5 in the second). In the end 8 ladies ended up playing 3 matches in a 17 hour time period. Their tenacity and camaraderie pulled them through each match and they achieved the unthinkable...THEY WON SECTIONALS!!! They are heading to Nationals Sept 30- Oct 2!

The 18+ 3.5 Women team - Lani "team mom" Aurelius, Kendal Calvert, Cortny "I didn't accidentally play for another team" Christensen, Samantha "I can play another singles match if I can just get 15 minutes of rest" Dullea, Zuhail "Bull Dog" Elhan, Miwa Feinberg, Jennifer Grant, Johanna Huck, Ronit Jorgensen, Cassie "sorry I have to go to Hawaii during sectionals" Kim, Sally Krapf (co-captain), Tami "I think I should go shopping for alcohol at BevMo during the matches" Lightle, Catherine "freaking bats" Sampietro, Tammie Snyder (captain), Jeannie "I think Seattle is a nice place to visit during sectionals" Ton-That and Cristina "I'm vacationing in Romania during sectionals" Tudor



3.5 Women



WCRC Fall Mixed Doubles League Registration Form (Also on-line at www.wcrc.net)

MALE PLAYER

FEMALE PLAYER

Name	_____	_____
Mailing Address	_____	_____
City	_____	_____
ZIP Code	_____	_____
Home Phone	_____	
Work or Cell Phone	_____	
E-mail address	_____	_____
NTRP level	_____	_____

WCRC Member? ☐ YES ☐ NO

☐ YES ☐ NO

Division for which you are registering (please check one): Fill out a new form for additional levels.

☐ Mixed 6.0

☐ Mixed 7.0

☐ Mixed 8.0

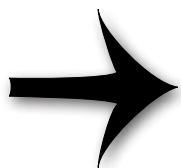
☐ Mixed 9.0

If you would like to register by mail, return this form by **December 1, 2022** with a check for registration fees (payable to Walnut Creek Racquet Club **NOT** WCRC) mail to: WCRC, P.O. Box 4574, Walnut Creek, CA 94596

Questions?

**Call Lynne Weinshelbaum at 925.285.9503
or via e-mail lweinshelbaum@yahoo.com**

Find detailed Information on next page...



League Information: Players may enter the WCRC Mixed Doubles League in more than one division (i.e., 6.0 and 7.0), as long as he/she is not playing below his/her level. If a player is entering in more than one division, he/she may enter with the same partner or a different partner but may not enter with different partners at the same level.

2022 WCRC Fall Mixed Doubles League

Registration Form (Also on-line at www.wcrc.net)

Don't forget that the league registration fee includes unlimited regular season doubles matches, a league gift and may include an end of the season tournament dependent upon weather and court scheduling.

LEAGUE COMMISSIONER Lynne Weinshelbaum: 925.285.9503

DATES August 1, 2022 – January 26, 2023

ENTRY FEES

WCRC Members	
On-Line Registration:	(\$40 per team)
Mail In Registration:	(\$50 per team)
Non WCRC Members	
On-Line Registration:	(\$60 per team)
Mail In Registration:	(\$70 per team)

FORMAT Mixed Doubles
(players grouped by combined NTRP level; ie. 7.0 can be a 4.0 man and a 3.0 woman or two 3.5 players)

NTRP LEVELS Mixed 6.0–9.0*

SCHEDULING This is an open schedule. Players are responsible for scheduling their own matches. Players will be provided with a contact list of participants within their division.

MATCH FORMAT Best two-out-of-three set format.
A super tiebreaker can be played if all players agree, otherwise full third.
Both teams responsible for bringing balls to match; winning team gets the unopened can.
Matches should be played according to the "Rules of Tennis."

TOURNAMENT End of season tournament with draw determined by league standings to be held over the weekend of Feb 3–5, 2023 dependent upon court scheduling and weather. To qualify for the tournament, teams must have completed and reported at least 2 matches during the regular league season. Depending on the number of entrants tournament play may include Friday night play. In addition, draws with large numbers of players may be required to play matches prior to the tournament weekend. Seeding for the tournament will be based on regular season standings of the top 4 teams in each division. The more matches you and your partner play, the higher your ranking will be. A minimum of 4 teams are required to generate a draw.



* Teams with ratings more than 1 full step apart (i.e. 3.0 & 5.0 to make up an 8.0 team) are not eligible to play the end of season tournament.

Supporting Tennis Comes From Within

Hello all,

I wanted to give you an update on the fundraiser. So far, we've collected \$1043 with more funds expected to come in. Total Expected: \$1568.

All in all, we had 21 participants and a great day! Each person was paired with a different person for 3 rounds. Each round consisted of an 8 game pro set and an overall winner for 3.5+ Men, 3.5+ women and 3.0 and below overall was based on total games won after 3 rounds.

Many of participants enjoyed some hotdogs and refreshments afterwards.

Special thanks to Walnut Creek Racquet Club for their Generous Commitment and their impromptu Donation Drive for Mount Diablo High School Tennis.

Many of our kids show up with running shoes or basketball shoes and yoga clothes that are purchased from Costco. As we all know this isn't quite adequate for tennis.

With the number of resources that came in from your drive alone, we plan on sharing with Concord and possibly YVHS. Concord's coach as informed me they could use shoes as well.

Pictures: <https://1drv.ms/u/s!AiNu6HnKQegFgeBiR8aAi0GGSZYp3A?e=VgK2pS>

Thank you all for the support!

-Jimmy Huang
Mount Diablo High School
Head Tennis Coach



CALENDER OF EVENTS 2022

Sept  **Oct**  **Nov** 

Sep 8-11	USTA 40+ Mixed Playoffs Round 1
Sep 15-18	USTA 40+ Mixed Playoffs Round 2
Sep 18	WCRC Summer Singles League Closes
Sep 22-25	USTA 40+ Mixed Playoffs Round 3
Sep 26-Oct 2	WCRC Summer Singles Tourny Round of 64
Oct 3-9	WCRC Summer Singles Tourny Round of 32
Oct 7-9	USTA 40+ Mixed Sectionals
Oct 10-16	WCRC Summer Singles Round of 16
Oct 17-28	WCRC Summer Singles Tourny Quarter Finals
Oct 29	WCRC Summer Singles Tournament-Semis
Oct 30	WCRC Summer Singles Tournament-Finals
Nov 4	USTA 70+ Daytime Season Closes USTA Combo Doubles Day Season Closes
Nov 6	USTA 55+ Mixed Season Closes USTA Combo Doubles Season Closes
Nov 10-13	USTA Mixed 55+ Playoffs Round 1
Nov 14-18	USTA 70+ Daytime Playoffs Round 1

WCRC LEAGUES

Summer Singles League - April 18 - Sept. 18

Fall Mixed League - Aug. 1 - Jan. 26, 2023

Summer Singles Tournament - October 29-30

Fall Mixed Tournament - February 3-4, 2023

TREASURER'S REPORT

Cara Mia Barnacascel

January - July, 2022



Income

League Dues	1,396.87
Fall Mixed Doubles League	-4.13
Summer Singles League	18.91
WING singles	819.80
Winter Doubles League	1,460.20
Total League Dues	\$3,691.65
Membership Dues	14,545.37
Tournament Dues	0.00
Total Calcutta Tournament	\$2,525.00
Total Tournament Dues	\$2,525.00
Total Income	\$20,762.02
Gross Profit	\$20,762.02

Expenses

Board Meeting	425.14
Captains Meetings	340.30
Contributions	500.00
Gifts	159.11
League Expenses	0.00
Total Fall Mixed League Expenses	\$2,170.78
Total Winter Doubles Expenses	\$1,174.94
Total League Expenses	\$3,345.72
Office Supplies	89.25
Total Printing and Reproduction	\$314.44
Total Professional Fees	\$270.00
Rental Fees	-500.00
Sectionals Fees	1,770.00
Supplies	578.46
Taxes	25.00
Tournament Expenses	0.00
Total Calcutta Expenses	\$10,346.16
Total Tournament Expenses	\$10,346.16
Website	709.55
Total Expenses	\$18,373.13
Net Operating Income	\$2,388.89
Other Income	
Net Other Income	\$166.62
Net Income	\$2,555.51

Balance through July, 2022	60,335.63
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Summer Singles League - Standings

Men's

3.0	W	L
Artem Suprun	5	1
3.5		
Brian Hennessy	11	0
4.0		
Andrew Solomon	10	4
4.5+		
Artem Melnik	3	0
50+		
John Zentner	2	0

Women's

3.0	W	L
Dana Andrew	5	2
3.5		
No matches played yet		
4.0		
Maria Boukhval	1	0
Samantha Dullea	1	0
4.5+		
No matches played yet		
50+		
No matches played yet		

Front row: Lani Aurelius, Catherine Sampietro, Tammie Snyder, Cassie Kim, Jeannie Ton-That.

Back row: Garvin Tom, Zuhel Elan, Sally Krapf, Justin Snyder, Jennifer Grant, Samantha Dullea, Tami Lightle, Carissa Swanson, Giuliana Tomatis, Cristina Tudor.

Not pictured: Kendall Calvert, Cortny Christensen, Miwa Feinberg, Johanna Huck, Ronit Jorgensen



2022 USTA League National Championships

USTA 